



SEVA BHARATHI

Kindling Hope & Happiness Around



Service To Mankind Is Service To God

Sri Kishan Reddy

Union Minister of State for Home Affairs



'Service to mankind is the service to God' has been the quintessential message that our scriptures have enunciated from time immemorial. This was reiterated by Swamy Vivekananda so eloquently in his Chicago address. Serving people the most deprived sections, particularly when they are rendered victims in their tryst with destiny, is the highest quality of service. Unfortunately, 2020 has tested human resilience to pandemics.

I am deeply delighted that the Telangana State chapter of the Seva Bharathi has done exemplary work during the pandemic. Be it distribution of groceries to the poor when Corona hit their lives and livelihoods, be it organizing makeshift shelters for the migrant labour who with conviction and determination set homeward on foot, providing them with basic necessities like shoes and chappals, blankets, clothes, and snacks in addition to serving them food along the stretches of Telangana highways, and mobilizing buses to transport them to the extent possible, the magnitude of work, its conceptualization, and execution, very often even governments with all the infrastructure at their command, may not be able to do efficiently despite an intent.

On the other hand, when Corona had become widespread in Telangana and the people were skeptical about government hospitals when the common people didn't know how to handle the situation, Seva Bharathi plunged into action. Augmenting the support of over 100 doctors who were willing to render 24/7 help using video calls to treat and counsel the patients, is not an easy task. It requires the patience of Himalayan monks.

Seva Bharathi has been able to do this as they have been successful in impacting the minds of people with their conviction, integrity, and unwavering faith in service.

I am happy that they are bringing out souvenir documenting their activities during the pandemic. I, personally, feel that such documentation is important as it inspires people to carry forward the service activity in their interactional zones.

I congratulate and compliment all the office bearers of the Seva Bharathi and express my deep sense of gratitude to all the workers who undeterred by the fear of Corona plunged into action in human service.

I am confident that Seva Bharathi will continue to serve people and I continue my wholehearted support to the organization in their Yajna.

(G. KISHAN REDDY)



Doctors Manifested Themselves As People With Divine Spark And Grace During Corona Crisis

Sri Panna Lal, President
Rashtriya Seva Bharati



The meeting organized to have the experiences of Doctors who worked for Covid helpline of telangana state Seva bharathi was very inspiring and motivating. Doctors and other supporting health workers manifested themselves as people with Divine spark and grace during Corona crisis. They worked selflessly and fearlessly in overseeing that medical help is made available to every individual in need during this pandemic of global proportions..

I express my deepest regards and respects to all the Doctors and health staff who stood as front line warriors. The whole society was benefitted by your exemplary services and patients were thankful in their hearts with a deep sense of appreciation. The medical fraternity was jolted by the death of many of their colleagues while trying to serve and save COVID patients. I express my deep condolences for all such great Doctors and medical staff and bow down before their sacrifices and the family members who lost them forever.

The programme to express gratitude to all doctors and volunteers who worked relentlessly for 3 months will be always remembered and I congratulate all the Seva Bharathi karyakartas and dignitaries who are part of this programme. I personally and on behalf of Rashtriya Seva Bharathi wish an healthy and long life to all Doctors, health staff and other volunteers who are part of this noble cause. Words fall short for appreciating this great activity of covid helpline 2020.

Best wishes to one and all.



Seva Bharathi Telangana, COVID - 19 CARE REPORT

| S.No | PARTICULARS | Total |
|------|----------------------------------|---------|
| 1 | Total Registered Patients | 10019 |
| 2 | Total Recovered Patients | 8650 |
| 3 | Total Places | 3045 |
| 4 | Total Covid-19 Kits Distributed | 3152 |
| 5 | Total Plasma Donors | 40 |
| 6 | Total Active Doctors | 70 |
| 7 | Total Active Volunteers | 124 |
| 8 | Total Pranayam Sessions | 60 days |
| 9 | Total Talks By Expert (sessions) | 5 |
| 10 | Total Hospital Admissions | 160 |
| 11 | Total Tests | 325 |
| 12 | Total Ambulance Services | 25 |
| 13 | Support In Cremations | 28 |
| 14 | Concentrated Oxygen | 15 |
| 15 | Direct Guidance To Families | 259 |
| 16 | Remdesivir Injections | 34 |
| 17 | Toclizumab Injections | 12 |

COVID19 helpline received calls from more than 3,000+ places across Telangana which includes rural and especially tribal belts such as Badrachalam, Cherla, Sirupur, Kagaznagar areas. The call centre were supported by 150 volunteers and 50 doctors 14 hours and 7 Days for 3 months without a break. Other highlights:

- Cases were handled during midnight including admissions, psychiatric counselling, etc.
- Testing coordination for hundreds of patients across Telangana
- Comprehensive medical kit were given free of cost to downtrodden and poor people which included Oxymeter and Thermometer and these were instrumental in saving lives through continuous tracking of saturation levels of patients which were not provided by Government.
- Sessions by Telangana psychiatric association about managing stress during this Pandemic time was of great use in balancing the people's stress levels.



SEVA BHARATHI

Kindling Hope & Happiness Around



**With Folded hands bowing my head my Pranams to
all who served society.**

Sri Bhagaiah, Sah Sarkaryavah, RSS

Very happy to know that Seva Bharathi of Telangana is bringing out a souvenir of Seva activities done during this Corona pandemic time. Right from the beginning of COVID19, Seva Bharathi started to serve our people with all affection with meticulous planning.

There was fear and risk for the life of Volunteers serving for Covid positive patients. But the Seva Bharathi team along with Doctors planned and executed the whole Medical service without any issue. .

It is very inspiring to hear and note the way guidance was provided by the Doctors even at night, 2 AM for the people who were suffering with fear and little depression. Great humanitarian work was done. This work is spread to remote villages of Tribal areas Medical aid was provided by the phone.

One day suddenly Railways informed Seva Bharathi that the next day nearly 40,000 Migrant labourers will be traveling from Hyderabad stations and food arrangements are needed. So within 24 hours arrangements were made successfully for all 40,000. Here we see the Society's helping nature. Whole society stood behind to serve our own people at this time and it is the first of its kind in Independent Bharath .

Seva Bharati worked as a bridge between the needy and society. Serving our society is our innate feeling of love towards society from the times immemorial. All the volunteers , Doctors, donors, many organizations, institutions and individuals are to be complimented for such a massive service. My heartfelt pranams to all of them

We all are blood related as sons and daughters of Bharathamata. So it is our natural feeling and responsibility to serve our own people which our people did.

Abhinandan to all. Let us keep up this quality of service forever.

With folded hands bowing my head offering pranams to all who served society during this pandemic



Kindling Hope and Happiness Around - Seva Bharathi, Telangana

Seva Bharathi team works on 2,400 service activities across Telangana. Our projects are segregated to different purposes such as Affection Homes, Education, Health, Women Empowerment and disaster relief activities / need based activities. As on today our organization is present across all 33 Districts of Telangana and closely working with the community to empower the needy. We need your presence to work for the upliftment of the society.

OUR THRUST AREAS



AFFECTION HOMES

Those children who are not owned by anyone is our children. Present in 15 places across state and we provide shelter for their upbringing despite their challenges



EDUCATION

Education empowers and is the primary reason for positive things. Our emphasis is to impart quality education and ensure the downtrodden children have a better future and positive life



EMPOWERMENT

Families struggling for ends to meet, always have many challenges. These challenges can only be solved if they are empowered with valuable information and avenues



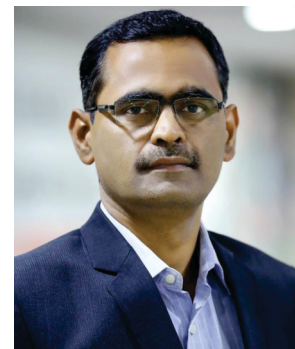
HEALTH

Connecting doctors to slums, Shelter homes in Govt. hospitals, Blood banks, regular health camps in the slums. We connect medical fraternity to the people in need



Galvanizing the society in times of crisis.

Sri Rama Murthy - General Secretary,
Seva Bharathi Telangana



Covid -19 is an unprecedented crisis the world has seen since the Spanish flu in 1920's. We have seen SARS, MARS, Ebola in recent times but they were restricted to specific geography and intensity of the spread is limited to those geographies. The world as we speak is still fighting the Covid challenge. India as of Oct 25, 2020 is counting 80 lakh cases with about 1.2 Lakh dead. Thankfully our recovery rate is very good unlike other developed countries. The world is counting 4.24 crores cases as of Oct 25th, 2020.

Various countries have responded to the crisis in their own ways. India has responded with perhaps the strictest lock down. The lock down obviously impacted the livelihood of the masses. The months of March, April, May, June, July were challenging for people and the governments. Everyone was trying to understand the nature of the virus. The daily news from the outside world was scary and people had to be on guard. But this is the time when people needed help. Seva Bharathi decided to respond to this challenge. It addressed the twin aspects of food and sanitation by distributing food kits and sanitary kits in slums, batis, construction sites, rail stations etc. Seva Bharathi also gave a call to the society to sponsor food and sanitary kits and the response was amazing. Indian society has rallied like never before to support each other. The lock down period from March to June was the riskiest but our volunteers at personal risk stayed with the society. On one single day 500 of our volunteers at 4 major Railway stations in the city worked for about 10 hours to feed the migrant labor and help them board the trains safely. This was a bright spot in the voluntary effort.

Seva Bharathi responded to the requests from Gandhi Hospital and Nizamabad Govt hospital and provided their staff with PPE kits, sanitary kits and disinfectant tunnels. Seva Bharathi provided a hotel with 60 beds to house the doctors and nursing staff of the Gandhi hospital so that they need not go home as long as they are on Covid duty. Seva Bharathi during this period provided breakfast, lunch and dinner to the staff.

Preparing food kits and sanitary kits in large numbers was one challenge and then delivering them to the last mile was even more challenging due to the lock down. The teams had to work with the system to ensure last mile delivery. There is no doubt that the volunteers took a huge risk in this regard. We thank all the volunteers who did their bit for the society. Post the lock down Seva Bharathi team re-grouped and assessed the needs during unlock. The threat of infection spreading was real given the increasing movement of people. As expected the numbers started raising and the need now was to provide health care. For an organization of our size the best way we could serve the people was to provide them remote medical counseling. The team reached out to doctors requesting them to volunteer and organized a technology platform in quick time to start a COVID call center. As many as 70 doctors from various backgrounds stepped up to provide the support. We have seen doctors with 40 years experience relearning everything to provide support to patients/ callers.

The call center was operated on a 18x7 basis. The idea was a roaring success. The call center received thousands of calls every day and the team did their best in helping every caller by connecting them to a Doctor/ The Doctor advised the callers on medical care related aspects. Not stopping at this, Seva Bharathi collaborated with many hospitals to admit the needy patients and negotiated the cost to a reasonable sum. There are hospitals and doctors who rose to the occasion to reduce the stress in the society. At a personal level many of the volunteers saved many lives using Seva Bharathi's reach with doctors and hospitals.

The innovation which came through the call center was medical kit distribution. Each kit had the medicines and tools required for patients with asymptomatic/mild symptoms to recover. The medical kit was given to all callers who reached out to Seva Bharathi. The kits were sent to the remotest part of the state using state transport. State transport drivers used to come to Seva Bharathi office to collect the medical kits for distribution in rural areas. Such is the response we have seen from the society. The testimonials of the patients who recovered is hugely satisfying to the volunteers. As the uncertainty continues Seva Bharathi is now focusing on activities that can provide livelihood for the Rural/ Semi urban population and also plans to expand its health care initiative. We intend to play the role of a medical hub interconnecting patients, hospitals and diagnostic centers to drive down costs of health care for the most needy.

COVID- 19. SERVICE ACTIVITY REPORT

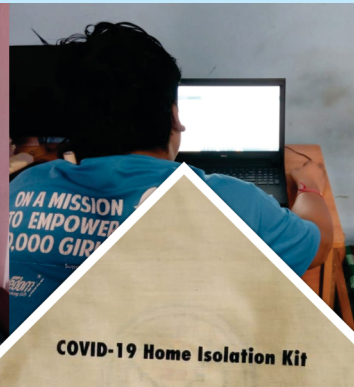
| S.No | PARTICULARS | TOTAL |
|------|---|-----------|
| 1 | Total ration food kits(packets) | 160,635 |
| 2 | Total Family food Kits for Nomadic Community (sanchara jathulu) | 13,656 |
| 3 | Total cooked food- beneficiaries | 437,774 |
| 4 | Total Vegetable kits - | 52,737 |
| 5 | Tea and snacks distributed places | 1,226 |
| 6 | Tea Snacks Beneficiaries | 68,364 |
| 7 | Total masks distribution | 183,650 |
| 8 | Total Gloves | 5,886 |
| 9 | Total Sanitizer | 63,035 |
| 10 | Total medicine distribution- families | 2,607 |
| 11 | Total free medicine distribution- families | 13,297 |
| 12 | Disinfection Tunnels | 3 |
| 13 | Total PPE Kits | 2,012 |
| 14 | Number of units blood donated | 1,284 |
| 15 | Doctors online counseling support | 311 |
| 16 | Shrama Seva (Cleaning Hospitals & Market) Places | 545 |
| 17 | Social distance maintained places | 296 |
| 18 | Ayurveda kada | 173,340 |
| 19 | Migrant Labourers Kits | 11,903 |
| 20 | Total Districts | 39 |
| 21 | Total Places | 2,932 |
| 22 | Total Beneficiaries | 1,960,104 |
| 23 | Total Volunteers | 27,414 |

SPECIAL REPORT ON THE CASE OF MIGRANT WORKERS GOING TO THEIR HOMETOWNS

| | | |
|---|---|---------|
| 1 | A. Number of Meal Distribution Centres | 43 |
| | B. Number of Beneficiaries | 223,874 |
| 2 | A. Number of Medical Assistance Centres | 3 |
| | B. Number of Beneficiaries | 385 |
| 3 | A. Number of vehicles arranged to go home | 171 |
| | B. Number of Beneficiaries | 8,651 |



COVID CARE KIT DISTRIBUTION, CALL CENTER, ETC





Covid Helpline By Seva Bharathi - A Ray Of Hope

DR Praveen Kumar Chintapanti. Psychiatrist,
State Executive Member, Seva Bharathi, Telangana

After a period of denial, clapping, watching numbers on the television, COVID 19 started feeling real to the people of our country.

June of 2020 is when people started hearing about someone known to them testing positive, a neighbors, a friend, a relative, a colleague, an acquaintance one or other would test positive and some of them were hospitalized. By the last week of June of 2020, helplessness started creeping in. Society at large was feeling helpless.

Seva Bharathi, at this crucial juncture, conceived the idea of “comprehensive support system for the COVID-19 affected”. Given the limitations imposed during that period a tele-support system was envisaged. Having gone through various iterations, by the team, a telephone based support system, a medical record keeping system to integrate, supporting asymptomatic and mildly symptomatic people in the community, providing a medical kit with pulse oximeter, thermometer, along with basic medication necessary during that period, Training volunteers to attend calls, Doctors to attend to the needy through telephone advice. This was a complex and enormous task indeed.

Seva Bharathi leadership has risen to the occasion and with no hesitation has decided to work on it. The dedication of the team behind the screens led to the deployment of a service with 10 days from the day the decision was taken. National Health Services (NHS) Information Technology with a 12 billion GBP budget took three years from decision to deployment. It is an near impossible task and would not have been possible, but for the dedication of a team who worked day in and day out to make it possible. Our doctors who when approached without a moment of hesitation have dedicated their time and sacrificed their personal time to the cause. They always responded with great degree of empathy, unconditional positive regard and kindness.

Seva Bharathi, Covid-19, helpline not only provided support for the needy but was available for the families during the most crucial period of their lives.

It is indeed the fastest deployed, effective solution generated during COVID-19 times. There is a need for similar ecosystems being in place to deal with ongoing health situations and potential crises.”

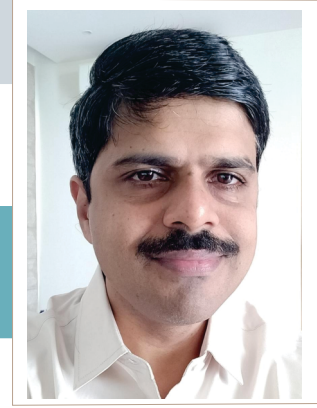
On a personal note it was a great experience and the team has been exemplary.



**Young, fresh medical graduates to 70-year senior doctors,
we all worked with the same enthusiasm**

Dr Veda Prakash Gowda

Consultant Orthopedic & Trauma Surgeon, President, Saksham, Telangana



When Covid-19 pandemic hit the world and our country, we recorded our first cases in March 2020. The volunteers of various organisations including Seva Bharathi, Saksham, and Arogya Bharathi have come together to plan as to how best to serve the people of Telangana.

Many ideas were discussed, there were various stumbling blocks for some ideas, some were impractical and some could have only found a solution to a small portion of the whole population.

Finally, Seva Bharathi Telangana team has come up with the novel idea of telemedicine counseling for both suspected and affected Covid-19 patients.

It was a monumental task to set up a call center with a back-end EMR platform that is user-friendly, glitch-free, easily accessible both to the health care providers as well as the customers, and yet compliant with all legal regulations of Tele-medicine. The next task was identifying volunteers to manage the call center and to deliver the kits to the needy across the nook and corner of the state.

Contrary to our apprehensions, many doctors have volunteered to spare their time to the call center. Even more interesting thing to consider is that although none of us had any experience in treating patients with Covid-19 earlier, everyone was keen to learn from the specialists in the field and from colleagues. There has always been a healthy discussion amongst the doctors in the group to deliver the care to the patients based on the best available evidence at that point in time. The group of doctors consisted of young fresh medical graduates to 70-year seniors. We all worked with the same enthusiasm and spirit.

The most amazing thing is that within a short span of time, our efforts were widely utilized by the public. We could effectively avoid thousands of hospital admissions and further community spread to tens of thousands from affected patients with this monumental effort. It gave immense satisfaction to all of us who participated in this divine service. I sincerely thank the whole Seva Bharathi team for giving us the opportunity to serve the needy in a time of unprecedented health crisis.



DOCTORS IMPRESSIONS

Dr Naga Mohan

MD, General Surgery

The services rendered by Seva bharathi, more importantly the psychiatric sessions organized by Seva bharathi were very useful since it is known that mental strength mattered a lot in overcoming Covid challenge. Medical practice also believes that psychological and emotional balance will help in quick healing and addresses 50% of the problem.

The volunteers of Seva bharathi worked as if this is god's work, numerous people have donated graciously towards this cause. Finally I pray that all the deceased due to Covid will reach the lord's feet.

Dr. Maruthi Sharma Mannava - Professor & HOD

Department of Community Medicine,
Kamineni Institute of Medical Sciences

Early diagnosis, Psychological Assurance, Symptomatic treatment, timely initiation of Oxygen therapy, early shifting of the patient for Hospital care and initiating anti-viral therapy, if promptly attended, the mortality and financial burden can be reduced and also duration of Morbidity period can be very much shortened.

A family of 10 members got severely disturbed after two brothers of three got positive and got hospitalised then virus encircled the whole family. Mother of three brothers and family members all got affected including kids. A call to call centre was the beginning of our job. As gradually everyone got affected we took care that everybody got tested and COVID kits were made available. Continuous monitoring of all was done by tracking saturation levels and temperatures. The whole exercise continued for 28 days. Even midnight calls were answered and they felt assured that a dedicated line of advice was there. Still the mother couldn't be saved what followed was tragic as the whole family was a mute witness for she was being carried away with only one son accompanying the ambulance at 11.00 p.m night. Right through the night and till her last rights Seva Bharathi call centre was there to support them through volunteers. I had been through all the trauma of entire family. A big number of 150 cases landed on my phone for three months. I believed that GOD has chosen me through Seva Bharathi to fulfill my Dharma as a human being.



Dr. B. Raghavendra Rao

M.D Rtd Prof of DVL, Kakatiya Medical College, WARANGAL.

The year 2020 will be remembered as a pandemic year of CORONA viral disease. When countries like Italy & America with well-equipped medical I got a call from a patient, he was very anxious but his vitals were very much normal. No doctor is available to treat him. Not even his family doctor responded. But he too recovered well. My role was to provide assurance and simple breathing techniques. (Tab. Vitamin C 500mg, Zinc 50mg & Vitamin D + home remedy was suggested) almamater reeled under the stroke of corona what could be our situation now is the doubt of the common man of Bharath. But Bharath with her Atma Nirbharness stood like a hero among the world of nations. All including the WHO hailed the stand taken by Bharath to curb the initial phases. Our way of living, eating habits, social customs made us escape from a great disaster. Our namaskar posture became boon to stop the spread of the deadly virus. In this connection the role and the service aspect of Seva Bharathi cannot be forgotten.

Seva Bharathi assembled many eminent doctors of various specialties and made a place to give their valuable medical advice to the needy people. It distributed medical kits to the poorest of the poor at free of cost. Many depressed people felt solace and confidence after their consultation. There need not be an iota of doubt regarding its credentials. Sometimes difficult questions are raised by patients. Sometimes cases like antenatal; post- natal; pediatric cases; old people with comorbidities besides some patients who cannot purchase drugs because of handicappers in lockdowns are difficult to handle. To relieve the patient from the mountain of his / her depression was a daunting challenge which the doctors successfully tackled. Seva Bharathi in its capacity reduced the mortality and morbidity of corona virus to its extent. The team of doctors are so enthusiastic to work 24 hours in consulting the needy and poor people. In return the patients expressed their gratitude and satisfaction for the service they received. To the bone of contentment, the medical fraternity felt immense satisfaction for the service they rendered to their brothers and sisters of Hindustan.

The non-medical personals of Seva Bharathi did an excellent job to tackle the situation, without whom the service during COVID19 cannot be successful.

Lt.Col Dr Macheria Bikashapathy

MBBS. MD Medicine

During this pandemic I thought how to do service other than soldiers then I got an opportunity with Seva bharti. Treated a good amount of families. I felt it was a good service to ease psychological, financial as well health stress. Whenever our country is in trouble, all citizens become soldiers and raise up to the occasion.

Dr Kamakshi

MBBS, DGO

Feel privileged and honored to serve the society through Seva Bharathi .
Jai hind Please add Jai Seva Bharthi



Dr Dhanvantari

MBBS;D.O: Ayurveda Visarada(AIAVP), Machilipatnam.

Bharath Matha ki Jai. Service, Selflessness, Love for the nation are core beliefs of the Sangh and Seva Bharathi imbibes the same principles. I am proud to be a part of this initiative. People were suffering and afraid during the Corona period, I had the privilege to participate in the doctors call center service and I think Seva Bharathi for providing me the opportunity. I hope I have delivered my services in a proper manner and wish to contribute towards such initiatives in the future.

Dr Hemanth

MBBS, Medical Officer

I am very happy to be a part of the 18x7 covid help desk started by Seva Bharathi. It is well known that if a person who gets infected with Covid reaches out to a doctor early we can treat him/her before it gets critical. Though I could spare only a few hours daily I have myself learnt many new things in the process. Making medical kits and distribution of the same to door steps is an effort which is praiseworthy. I am thankful to Seva Bharathi for giving me this opportunity.

Dr Akula Naresh Babu

MBBS

When no one was there to help the infected patients in Adilabad Dist, Seva Bharathi stepped in a provided help. This help has reached many patients Seva Bharathi's help in terms of care needed to be taken during covid, medicines to be taken, taking care of the old persons in the family, taking care of people with chronic diseases, when to get admitted to a hospital has helped a lot of people in overcoming their fear of covid and also saved them from unnecessary hospital admissions and expenditure. Many patients have come out of Covid safely because of the care taken. Some people called through whatsapp and wanted to contact Seva Bharathi volunteers in their area. Some of them could not get Covid kits.

Padmasri Dr Sai Baba Goud

Eye Surgeon, Padma Shri

I was asked by Seva Bharathi for voluntary work to counsel corona patients and their families. I readily agreed to counsel between 10 Am to 12 noon however they were diverting calls till 1 PM because of the volume of calls which I've accepted. As the subject was new, I studied the literature, medical bulletins from Vellore Medical college and Osmania Medical college and others. I prepared my own plan. The media and others were giving different types of advice for improving immunity. The people were getting confused about the diet. I took the material from NIN (National Institute of Nutrition). All these made to prepare for counseling I started giving on medication, home isolation, quarantine and wherever necessary hospital admission. I had friendly discussions with the Covid patients. I could build up the confidence in them. I feel greatly satisfied with this work.



Dr Manjusha Anumolu

MBBS, M.D Internal Medicine

As a doctor I wanted to help in whatever manner I could during this pandemic. COVID Seva Bharathi helpline gave me the opportunity to serve the needy.

I heard many heart-rending stories. Am glad that Seva Bharathi and the government stepped in and did such a stellar job of helping the afflicted.

It was a very gratifying experience to give back to society. It was immensely satisfying being a doctor to be able to reach, help, reassure and comfort the COVID patients while providing symptomatic treatment and taking care of the sick in these challenging times.

Dr Karuna

Consultant Psychiatrist

We as a group of doctors volunteered to raise funds for covid warriors. Then started public education and awareness towards prevention of corona in April & May. But when cases started rising we formed covid protocol group and started updating covid treatment. When we realized early alert and proper guidance can save lives of many covid pts. Seva Bharathi gave us that opportunity. But to arrive at it their thoughts, planning, coordination, software development, coordinating training, implementing at ground level, finalising protocols, providing kits to remote areas is highly appreciable. I personally thank Dr Praveen Sir for giving opportunity to be part of team. Appreciate each and everyone for their contribution towards teleconsultation. Had huge satisfaction in guiding covid pts during this pandemic thanks. What ever is ok you can choose to publish

Dr Rajender Reddy

MS (General Surgery), FRCS (Urology) (UK)

In this current unprecedented crisis it is great to see so many people coming together to provide selfless service to the society. I feel privileged to be a part of this committed group. Personally, It is gratifying that I was able to allay their anxiety to some extent by assessing their situation over the phone and advising them about appropriate treatment and precautions.

I'm grateful to Seva Bharathi for providing me this opportunity to serve the society. I would also like to thank them for providing the infrastructure which enabled timely delivery of the COVID-19 kits to patients.



Dr Ch Amba Prasad

MBBS (Osm) MS (AIIMS)

Seva Bharathi call center for serving Covid patients in this crucial time is indeed a very best thought which is finely converted into action. Thanks for involving us in the effort to serve in need. Expecting to see many more such activities frequently

Dr Jayesh Kakar

Consultant Surgeon, Sp.Int: Diabetic Foot and Wound Care

During this time, my thoughts were regularly with the on ground volunteers who without concern for their own safety were distributing kits to people in need. My "Pranam" to these warriors of Seva Bharati. My heart was gladdened to see the swift action by Seva Bharathi volunteers in delivering kits.

The other incident which comes to mind was when a patient had rung up earlier and spoken about his tests. He had a doubt about the tests and I told him that I would get back to him. I put the message in the group and received an answer within minutes. Basically goes to show that the entire group was proactive. I then rang up the patient who was pleasantly surprised to get a call so soon. His gratitude and thanks made me feel really happy.

Dr Srikanth

Consultant Pediatrician

Felt happy for being part of the Seva Bharati Covid Helpline through which I could guide and help people in trouble .

One day I got a call expecting it to be a regular call for advice but the caller surprised me with conveying his thanks for the noble services of Seva Bharati. We doctors get happiness with such pleasantries not with the fee we get.

Dr. R. Hima Bindu

Anaesthesia PG Student

It has been a wonderful experience working for Seva Bharathi. This initiative by Seva Bharathi has helped me serve the people in need during the difficult times of COVID. This was a truly inspiring journey for young doctors such as myself and motivated me to part of such initiatives in future as well. Thank you Seva Bharathi



Dr Anuradha Pilli

MBBS, SPHO Golkonda, Nodal officer for Sarojini Quarantine center

I am proud to be part of this group and forever grateful to Seva Bharathi , for giving me this opportunity to serve and give timely advice to people in need . I appreciate Seva Bharathi group for their determination in healing covid affected people

Dr Anusha

Pediatrician

My sincere thanks to Seva Bharathi. Which helped a lot of people in the Corona crisis and made me a part of that. Thank You .

Dr. Hasanthi Thumurothu

Consultant Psychiatrist

Through the Seva Bharathi organization we could address various issues related to COVID pandemic. I was part of the team who treated the people affected by COVID 19 infection. We have provided psycho social support to the patients and family members by our counseling services through teleconsultation.

This gives me great learning experience and immense satisfaction as a medical professional and a human being. I gave my first virtual talk to COVID affected families during this pandemic in 2020. This reinforced my motivation to serve the needy and uphold the dignity of profession. This will remain as a memorable experience for me in the future.

Dr Harishchendra Reddy

Psychiatrist

Seva Bharathi has given us a platform to contribute to their service programs. It was a good experience to offer advice and reassure patients and their family members regarding Covid illness. The patients were very thankful for the Covid kit and also the assurance and counseling given by doctors. The uncertainty and suddenness of the illness was surely eased by the support provided by Seva Bharathi.

Dr. Sailaja

Professor of pathology, Bhaskar Medical College

I am really thankful to Seva Bharathi for letting me be a part of the Seva Bharathi doctors group. I got calls from different patients and I understood that most of them wanted some counseling and reassurance that they are going to be alright and I hope my words had a positive impact on at least a few of them. I once again thank the Seva Bharathi organization and I will be glad to be a part of any such future events organized by them.



Role of Women in Health and Empowerment

Dr. Sandhya, Gynecologist
Rashtra Sevika Samithi, State Service Incharge

Women play a key role in the family and society. She is always there for economic, moral, emotional and physical support. She has a sharp intellect (at all levels), understands and provides support to everybody in the family, be it small or a joint family. She takes care of money and the material requirements of the family in the given budget. Keeping all her duties in mind she should be handed over the required funds. Even if she is not earning herself, she should not be made to ask money every now and then this will reduce her self confidence and respect.

In pandemic her work and stress are increased. In many houses she had to stop going to work as children at home from March 20th. In some houses the husbands also have lost jobs. In any case she has to feed children, husband, in-laws and dependents. She is using her saved money, jewellery, and taking hand loans and doing small jobs.

She has many hormonal changes which affect her metabolism and in turn many organ systems also. It should be emphasized that she takes care of three important things in her routine, diet, exercise and sleep. She should see that like others in the family she also takes a balanced diet. Seasonal fruits and vegetables should be consumed. Exercise and yoga asanas in particular increases the blood flow to all organs. This in turn increases the oxygen availability, this will keep many diseases at bay.

My experience with Seva Bharathi Tele counseling is very encouraging. Patients had medicines from Government hospitals, they could not read the names of medicines, then they would call somebody and read to us. So, what I understood was we were a small helping hand and many others were involved in it. Our call center karyakartas, grass root workers who actually took their health risk and other managers worked very hard to safeguard us from strain.



Dr. Padmaja Verapaneni



Dr. Kamkshi



Dr. Sailaja ,



Dr. Achala



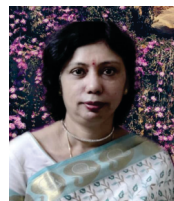
Dr. Madhavi



Dr. Madap Karuna



Dr. Hasanathi Thumurothu



Dr. Geetha Voolapalli



Dr. Gandham Sneha



Dr. Shabari



EMPOWERMENT





Each unwell patient taught us more covid medicine
Dr Nagi Reddy, Chairman Jubilee Hospitals

Covid 19 has been a watershed in the lives of population not just in India but all over the world. As a team at Jubilee Hospital, Alwal thanked Seva Bharathi for giving us an opportunity to serve the people needing phone consultations initially in March & April and inpatient treatment later on. The concept of an inpatient covid 19 ward stuck us in the month of May, when we started to realize that we were not in a position to control, treat or monitor the inpatient treatments of our own friends and family admitted in different hospitals. We immediately started off with a very small team specific for the covid ward, as some staff had inhibitions, different thoughts and , ideas about covid inpatient care resigned their jobs. In spite of colleagues being infected, the team understood the stellar role of health care professionals in the current pandemic and stood together like a rock.

Looking back at the team effort at Jubilee Hospital, Alwal, we clearly realize how brave we have been, putting ourselves and our family members, at Covid 19 infection risk, on a daily basis. The families at home which includes the young children and elderly parents were all at serious risk due to us. In spite of the best of our preventive efforts, unfortunately two consultants, one ayah and two nurses were infected and needed inpatient treatment and a couple of them still in rehab at home recovering from the post Covid symptoms.

In the month of June, when we initially started to treat Covid inpatients, we had very limited knowledge and few medical armaments available on our side. The expensive new medications which did not have much evidence base, was one of the main reasons of concern in inpatient treatment of covid patients. It was a day to day steep learning curve, for all the consultants and all the medical staff. Each unwell patient taught us more covid medicine and made the team more determined and dedicated to save every life. The effort put in by Jubilee Hospital colleagues, Seva Bharathi volunteers serving covid patients has been mammoth at the time the nation needed them.



Sri G. Kishan Reddy, M.P Office's Role in Testing, hospitalization and taking care of the deceased

Sri G. Kishan Reddy Garu, honorable Union Minister of State for Home Affairs was very concerned about the pandemic and extended full support to Seva Bharathi activities. He has dedicated his staff Mr. Sampath Kumar to coordinate with Covid related activities and provide all the support required for taking care of Covid-19 affected patients. Sri Kishan Reddy Ji's office arranged testing for the patients from slums and bastis, arranged hospitalization at Gandhi hospital and made sure proper care has been taken. There were certain incidents where patients under severe conditions were needed critical Remdesivir or Tocilizumab medicine, Sri Kishan Reddy ji's office made sure the medicine is available to the patients by coordinating with the respective distributors in the city, thus saving many lives.

Mr. Sampath Kumar was always reachable, never hesitated to answer a call even in the late hours, he is a true nocturnal. On Aug 17 th , 2020, at about 12 AM one of our Seva Bharathi volunteers received a call that there was a death due to Covid and they needed help with last rites and respective arrangements. The situation was handled with at most responsibility with due coordination with GHMC, Police and bereaved families. As always 'actions speak louder than words', there were numerous incidents where Shri Kishan Reddyji's office exhibited their preparedness in helping the poor and needy.



Yoga - Mantra to raise immunity - Non Stop 60 Days sessions.

Sri Anil Nair

Yoga is an art and science of healthy living. It leads to a perfect harmony between mind and body, man and nature, individual consciousness, and universal consciousness. Yoga helps to build up psycho-physiological health, emotional harmony and manage daily stress and its consequences. Yoga is also extremely useful in conditions where stress is believed to play a major role. Various yogic practices such as Asanas, Pranayama, Dhyana (meditation), cleansing and relaxation practices etc. are known to help / modulate the physiological response to stress bearers. Pranayama, the practice of breath control in yoga, is considered as one of the best exercises for lungs.

Hence Seva Bharathi had decided to utilize the services of Yoga trained volunteers for giving support to COVID 19 patients. Seva Bharathi supported patients to regulate their stress and wellbeing through Yoga using 70 web sessions. Both Yoga Gurus Shri. Potluri Balendra and Shri Pradeep Kumar have decades of experience in Yoga and are renowned teachers of Yoga. Each of them had delivered Yoga and Pranayama sessions for more than 30 days, and more than 100 patients attended for each of these sessions. These were well received by patients and they had given feedback that the pranayama sessions helped them immensely to recover fast.

Topics explained include Yogic breathing, different types of Pranayama like Anuloma Viloma, Kapalabathi, Bhastrika, Nadishuddhi, cooling pranayama like sheethali, sheethkari etc were demonstrated. Different Acupressure points were explained, eating habits for becoming satvik ahara and its impact on health was explained. Transcendental meditation, nadanusandhana etc were explained. How various pranayama techniques could improve the respiratory system, digestive system was explained. Practice of Pranayama could improve health holistically for all, including improvement of blood circulation and controlling blood pressure. Mudras and Mantras were also explained for proper practice of asanas and pranayamas and relaxation techniques like yoga nidra, QRT, IRT MSRT etc were explained.

Total Sessions : **60**
Time / Session : **30 mins**
Total Participants : **500+**



Acharya **Sri Balendar**



Acharya **Sri Pradeep**



'Few But Speak Volumes' Call Center and Kit Center Volunteer Experiences

Mahesh

Seelam Harish lived along with his family of 6 in a rented place nearby to the Kakatiya University in Warangal. The owner of the house happened to be one of the famous doctors in the town. Harish used to live in the house, along with his elderly parents, his wife, brother and sister in law. Their family profession was tailoring. However, due to the lockdown they were out of business and it became difficult for their day to day subsistence. And at this dire time in an unfortunate turn of fate all 6 of them got infected with Covid. Fear gripped them as it was still early stages of the pandemic in the country and they did not know what to do next. Instead of offering help or at least providing words of comfort to them, their owner constantly shouted, abusing them to vacate the house at the earliest. The elderly parents were totally depressed with such tragic turn of events and planned to return to their village but alas they did not have a own house to return and in the pandemic there were hardly anyone offering their homes for rent.

In such a depressing and tensed situation, Harish happened to see a whatsapp message of his friend which had the Covid Helpline number of Seva Bharathi. He immediately called up the number and informed the volunteers of the situation he was facing.

The volunteers understanding the gravity of the situation went to his house and spoke to the family to boost their morale. They suggested that the family could move to the quarantine centre set up in Kakatiya University and all six of them immediately came to the quarantine centre. The Volunteers did not leave the issue here and called the family regularly on a daily basis constantly enquiring about their health and telling them the dos and don'ts, providing them essentials. helping them to successfully tide over the disease safely.

Harish after coming out of the Quarantine center profusely thanked the Volunteers of Seva bharathi who took it upon themselves to look after their well being when the rest had turned their back on his family. The volunteers too were extremely gratified that they could be of help and all of them were cured of Covid.



Beeraiah Peddi

In this pandemic my first interaction with Seva Bharathi Covid Help Center was to distribute a kit to a nearby Covid positive patient. I was initially apprehensive to meet him, however the great words by our elders at Seva Bharathi resonated within – Sevahi paramo dharmaha - Paropakaraya idam shareeram. Then I was conscious about my duties and then never looked back.

After a few days, Seva bharthi core team asked me to be involved in the Covid-19 helpline activities to manage the call center along with a great, young volunteer team, from day one I was involved in the operations. When Covid-19 cases were at its peak, my daily routine was completely changed, my day started with a stand up call at 7 am and ended with the help line review meeting at 10PM, for some days I had to spend almost 16hrs a day. We had overwhelming inbound calls after a few days, as many as 10000 calls landed on our board number. We could only scale up to 350 calls per day.

All the doctors were very supportive; they always attended my calls and provided their valuable advice. I am very thankful to all the doctors, my fellow volunteers at Seva bharathi and other folks who were involved in the journey.

Ravikiran Chary

I was fortunate enough to associate myself with Seva Bharathi Covid 19 helpline. I had great experiences working with fellow volunteers. I was mainly involved in training the back office and coordinating the call centre. We saw overwhelming response from the patients and their relatives.

Hanumantha Rao, BHEL RC Puram

Through the helpline we constantly spoke to patients and lifted their spirits by telling them that we are all with them and they are not alone in this. Along with this we also gave them a kit consisting of essential medicines and a doctor guided them on the dosage of these medicines.

When we gave them the Kit along with a few words of assurance we could instantly sense their mood being uplifted and they feeling a bit more strong mentally. This helpline was of most use to people living in rural and hilly areas who did not have immediate access to medical facilities. I feel fortunate to have chipped in with my bit during these trying times.



Chouki Rajendra, Kamareddy

Medical counselling on phone may seem like a tiny task but talking to hundreds of people daily and instilling confidence that they will be cured, giving them tips in the form of telemedicine counselling and providing Covid kits comprising essential medicines is a huge task in itself. Being a part of the Helpline team was a rare fortune for us to directly serve the society. The thought of we reassuring them was as if God had chosen us to save lives gave a whole new meaning to our lives.

The grateful call backs that we got from cured persons, officers from the CID, police department, people from far off rural areas who were recipients of the help of seva bharathi are invaluable. My heartfelt namaskars to Seva baharathi.

Challagurugula Mallayya, Bhupalapally

Thanks have been conveyed to Seva Bharati tele callers, doctors and volunteers. They proposed to felicitate me for holding the responsibility of Mulugu District kit centre in-charge but I have declined politely.

I believe that the satisfaction that we derive out of Seva is the greatest felicitation.

Chandrasekhar, Khammam

When about 80 people were diagnosed to be Corona positive in a remote village called D Repaka, Seva Bharathi could organise 3 cartons of medical kits in a very short time and they have been transferred to the local Organisers in a timely manner. One of the organisers Ch Janranjan, who is a software employee, says "I am grateful and thrilled at the way the Karyakartas have delivered the kits for the patients, regardless of the fact that they have no acquaintance with the patients and though there was adverse weather, and it was late night, the kits were delivered. I am really happy."

There was also the feedback that Seva Bharati kits contained all the medicines, unlike the medical kits given by the government at places. A couple living in Koheda village of Siddipet district were diagnosed as Corona positive. They have 2 daughters. While villagers stayed away from them in fear, their daughters saw Seva Bharathi messages in Whatsapp and got their parents' names registered. The next day, as a Seva Bharati volunteer, talked to their daughters and found out about their difficulties in home isolation. It was heartbreaking the way the villagers treated them. We have consoled the daughters and talked to the village teacher and ensured that home isolation kits have been delivered to the family.



Way ahead - Vasu Usulumarthy Seva Pramukh, Telangana



The current Covid 19 pandemic is calling for a phenomenal change in the way the world operates. The people of Bharath should be prepared for the coming transformations based on our traditional values. These will become essential in the post covid phase. Towards this goal, Seva Bharathi decided to develop new Programms in the fields of culture, education, health and employment.

Vivekananda a health mission project Bowenpally

A three storeyed building is ready for inauguration which is ready to be dedicated to the service of needy people. The whole building was constructed to cater to the health needs of people at large.

CORONA crisis has resulted in making seva Bharathi a pioneer NGO in telangana to stand as a frontline NGO in health crisis in providing medical assistance through telemedicine facility run by 80 Doctors of all specialities voluntarily working in assisting 10,000 COVID positive patients.

Seva Bharathi is confident to make a big headway in assisting people in dire need of health assistance. Seva Bharathi is planning to continue tele medicine to provide guidance in getting advice for proper hospitalisation.

Through the Bowenpally Seva Bharathi center there are plans to start a three month training course to train bedside women assistants to patients who need homecare which has become a grave necessity because of migration of youngsters to other states and countries and are unable to take care of elders at home. This training is focussed and inline with the skill development schemes of the central government.

Also a diagnostic facility at affordable cost will be provided to the poor and needy in areas around Bowenpally.



Akshara Vandana

Schooling came to a standstill due to the Pandemic . Though schooling does happen online, it doesn't reach the villages and the tribal areas as they lack the necessary communication facilities. To address such issues Seva Bharati designed and planned to execute Akshara Vandana project and provide education to the last mile.

Upaadhi Sethu

The pandemic forced a large reverse migration of labour to their native states. This resulted not only in massive job loss but also severely restricted new job creation. Upaadhi Sethu is designed to actively address this issue. Skilling up the rural youth and urban youth and making them connected to the opportunities is the objective of the project. .

Sanchaara Jaatulu (Nomadic Tribes)

Owners of Gangireddu (decorated oxen) make periodic trips to display their charms and bless village folk. This is apart from their regular visits during festive times. They are an integral part of village life. The first half of the day in villages is enlivened by their performances. This tradition continues in remote villages even now.

It is important to note how these several cultural groups contributed towards maintaining the culture of the society at all levels. They richly contributed to maintaining and enriching the lives of every social group. It was their responsibility to present puranic stories modified to suit the various individual jatis. Seva Bharati is planning to assist such tribal communities with assistance in health, employment and residential education.

Free coaching centres in nomadic tribal colonies. Free hostel facilities for nomadic tribal children to encourage them in the formal educational system. Sanjeevani medical Van (mobile medical van) through which several tribal colonies are helped with treatment and educated about health. Permanent employment facilities provided through Sericulture (Silk production).



MEDIA COVERAGE



పేదలకు తిండి పెడుతున్న సేవాభారతి కార్యకర్తలు

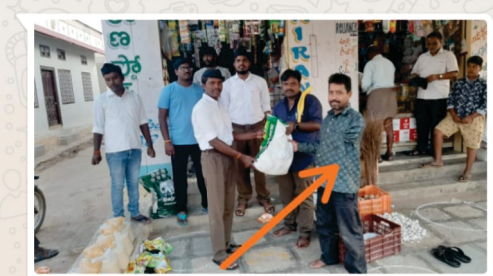


నిత్యావసర సరుకులు అందిస్తూ...

అన్నం పెడుతున్న సేవాభారతి

- కూలీలకు నిత్యావసర సరుకులు, మెడిసిన్ పంపిణీ
- నగరంలో 20 ప్రాంతాల్లో సేవలు హైదరాబాద్, వెలుగు: లాక్డౌన్ నేపథ్యంలో ఇబ్బందులు పడుతున్న పేద ప్రజలకు సేవా భారతి సంస్థ అండగా నిలుస్తోంది. హైదరాబాద్ లోని 20 ప్రాంతాల్లో కూలీలు, పేదలకు అన్నం పెడుతోంది. నిత్యావసర సరుకులతో పాటు మెడిసిన్, శానిటైజర్లు ప్రీగా పంపిణీ చేస్తోంది. గౌలీపురంలో రోజుకి 600 మందికి అన్నం పెడుతున్నామని, సోషల్ డిస్టెన్స్

మెయింటేన్ చేస్తున్నామని సేవా భారతి ప్రతినిధులు తెలిపారు. సేవా భారతి దేశవ్యాప్తంగా అనేక సేవా కార్యక్రమాలు నిర్వహిస్తోందని, హైదరాబాద్ లో కూలీలు, పేదలు ఉండే బస్ స్టాప్ ఇంటింటికి వెళ్లి లాక్ డౌన్ నేపథ్యంలో వారికి నిత్యావసర సరుకులు అందజేస్తున్నామని చెప్పారు. అనారోగ్యంతో ఉన్న బాధితులను హాస్పిటల్ కు తరలించేందుకు వేలాది మంది సేవాభారతి కార్యకర్తలు పనిచేస్తున్నారని చెప్పారు. దేశవ్యాప్తంగా లక్షమంది కార్యకర్తలు సేవలిందిస్తున్నారని తెలిపారు.



అమీర్ పేట్ గ్రామంలో ఒక ముస్లిం కుటుంబం అతని పేరు ఇస్మాయిల్, తన ఎడమ చేయి ని ఒక ప్రమాదం లో కొట్టివేయడం జరిగింది. అతని కుటుంబం తెల్ల రేషన్ కార్డు లేకుండా గత ఐదు సంవత్సరాలుగా తిండానికి తిండిలేక గ్రామంలోనే ఒక పంక్చర్ దుకాణం నడుపుతూ జీవనం గడుపుతున్నాడు. ఇటీవల ప్రభుత్వం లాక్ డౌన్ విధించడంతో తన పంక్చర్ దుకాణం కూడా మూసేయడం జరిగింది.

అతని కుటుంబ పరిస్థితి ని గమనించి రాష్ట్రీయ స్వయంసేవక్ సంఘ్, సేవా భారతి ద్వారా వారికి వారం రోజులకు సరిపడా నిత్యావసర వస్తువులను ఇవ్వడం జరిగింది.

09:02

ఇప్పటికే Nizamabad



ఆసుపత్రికి అవసరమైన రక్షణ కిట్లు అందజేస్తున్న సేవాభారతి సభ్యులు

రూ.20 లక్షల రక్షణ సామగ్రి అందజేత

విజాపూర్ లోని వైద్యశాలకు, క్యూబిటిడీ: ప్రభుత్వ జనరల్ ఆసుపత్రిలో కొవిడ్-19 విభాగం లోని వైద్యులు, సిబ్బందికి అవసరమైన రక్షణ కిట్లను సేవాభారతి అధ్యక్షురాలి జనహిత సేవా

భిల్లేవాడి: జనహిత ట్రస్టు, సేవా భారతి సంయుక్త ఆధ్వర్యంలో విజా మాబాద్ ప్రభుత్వ జనరల్ దవాఖానలో సుమారు రూ. 20 లక్షల విలువైన శానిటైజర్లు, వీపీఈ కిట్లు, మాస్కులు, గ్లోజాలు, సబ్బులను పంపిణీ చేసినట్లు ప్రధాన కార్యదర్శి రచ్చ తిరుపతి తెలిపారు. ఆదివారం ప్రభుత్వ జనరల్ దవాఖాన సూపరింటెండెంట్ నాగేశ్వరరావుకు వీటిని అందజేశామని వేర్కొన్నారు. కార్యక్రమంలో డాక్టర్లు తిరుపతిరావు, సరోజ, గోపాలింగ్, కిరణ్, గంగాధర్, రమేష్ తదితరులు పాల్గొన్నారు.



జాగృతి జిల్లా ఆధ్వర్యం అవంతిరావ్, రమణారావు, ల క్షార్తిక, సర్వంపేం పొరు ఆధ్వర్యం శ్రీనివాస్, మహావీరరావ్ సొగ్గారం పరికారం.

ప్రభుత్వ ఆసుపత్రికి రూ.20 లక్షల విలువైన వైద్య పరికరాల అందజేత

పెద్దబత్తూర్, మే 10: సేవా భారతి అధ్యక్షురాలి జిల్లా కేంద్రంలోని ప్రభుత్వ జనరల్ ఆసుపత్రికి 20 లక్షల రూపాయల విలువైన వీపీఈ కిట్లను ఆదివారం ఆసుపత్రి సూపరింటెండెంట్లు అందజేశారు. ఈ సందర్భంగా సేవాభారతి జిల్లా కార్యదర్శి రచ్చ తిరుపతి మాట్లాడుతూ రోజూ నిర్మాణంలో వికేపంగా పొటును పడుతున్న ప్రభుత్వ ఆసుపత్రికి వెయ్యి వీపీఈ కిట్లు, వెయ్యి ఎన్-95 మాస్కులు, నాలుగు వేల గ్లోజాలు, 500 శానిటైజర్లు, 500 సావెలాన్ వ్యాధినివారణ ఛార్జీలను అందజేశామన్నారు. తెలంగాణలో గాంధీ ఆసుపత్రి తర్వాత కేవలం విజాపూర్ లోనే ఈ విధంగా చేశామని తెలిపారు. ఈ కార్యక్రమంలో డాక్టర్ సాయిబాబు, డాక్టర్ గోపాలింగ్, డాక్టర్ కిరణ్, రామలు, గంగాధర్ తదితరులు పాల్గొన్నారు.





SEVA BHARATHI

Kindling Hope & Happiness Around



DGP TELANGANA POLICE
@TelanganaDGP



#TelanganaStatePolice with the help of Volunteers/NGOs arranged special buses upto Telangana state boarder, towards paving the way of 3000 migrant labourers who set out to return to their hometowns on foot due to the #lockdown.
@AkshayaPatra @sevabharathitg



67 3:29 PM - May 19, 2020



Sumathi Badugula
@BadugulaSumathi



Feeling thankful that TS POLICE and WCD Dept could support most needy through @SEVABHARATI to 19 persons including 4 children and 7 women with 2 pregnant women in an advanced stage of pregnancy who were waiting at Bachupally community hall since morning.



10:22 PM - May 20, 2020



Vasu Usulumarthy taken Appreciation Letter From GHMC Mayor **Bonthu Ram Mohan**

Dr. BONTU RAMMOHAN
M.A., LL.B., Ph.D.
MAYOR HYDERABAD



GREATER HYDERABAD MUNICIPAL CORPORATION
TELANGANA STATE

April 4, 2020

TO WHOM SO EVER IT MAY CONCERN

It is very immense pleasure that M/s. SEVA BHARATHI (TELANGANA) is collaborating with the Government of Telangana and other NGOs in managing the Spread of Covid-19 Virus and also supporting the Local Police and other departments in Social Distancing Awareness Campaigns, Food & Ration Distribution, Safety Kit Distribution, Traffic Volunteering etc., and also distributing family kits with food Material, Masks, Gloves & Sanitizers in Greater Hyderabad Areas in the Present crises.

I wish all the best and a very success in your future endeavors.

With Regards,

Bonthu Ram Mohan
(DR. BONTU RAMMOHAN)



GHMC Complex, Tank Bund Road, Hyderabad - 500 063
T: +91 40 2326 2266 | F: +91 40 2326 1262 | E: mayor.ghmc@gov.in

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IN THE NEWS

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Dr. Veda Prakash



Rama Murthy



Aekka Chandra Shekhar



Vasu Usulumarthy



Best NGO or Other Entity That Extended Timely Help to Migrants During COVID-19 - a report from

Sri Shraavan Kumar, General Secretary
Rastriya Seva Bharati

Rashtriya Seva Bharati has been selected as India's best NGO that extended timely help to migrant workers. The award was constituted to salute the invincible spirit of corona warriors who have led the battle against the Covid-19 pandemic.

An NGO that has extended timely help to the migrants during COVID-19 pandemic in India.

| S. N | Name of Organization | Efforts (35) | | | | Process (25) | | Impact (40) | | | Total Score | Rank |
|------|------------------------------|--------------------------------|-------------------|-------------------|----------------------------|--|-------------------------------|---------------------|-----------------------|--|-------------|------|
| | | Food packet/ Meals Distributed | Ration Kits Given | Safety Kits Given | Relief Centres Constructed | Arrangements made for Smooth Migration | Help for Migrants' Livelihood | Migrants Benefitted | Geographical Coverage | Impact of Initiative in Combating COVID-19 | | |
| | Maximum Score | 10 | 10 | 10 | 5 | 10 | 15 | 15 | 10 | 15 | 100 | |
| 1 | Rashtriya Sewa Bharati | 9.0 | 10.0 | 8.5 | 5.0 | 9.0 | 15.0 | 13.5 | 10.0 | 15.0 | 95.0 | 1 |
| 2 | The Akshaya Patra Foundation | 10.0 | 8.0 | 8.0 | 0.0 | 9.5 | 14.3 | 15.0 | 8.0 | 14.3 | 87.0 | 2 |
| 3 | ActionAid Association (AAA) | 8.0 | 8.5 | 9.5 | 4.8 | 9.0 | 12.8 | 12.0 | 9.0 | 12.8 | 86.3 | 3 |
| 4 | Goonj | 7.5 | 9.5 | 10.0 | 4.5 | 8.0 | 12.0 | 11.3 | 9.5 | 12.0 | 84.3 | 4 |
| 5 | Robin Hood Army | 8.5 | 9.0 | 9.0 | 0.0 | 8.5 | 12.8 | 14.3 | 9.0 | 12.8 | 83.8 | 5 |
| 6 | KVN Foundation | 9.5 | 7.5 | 7.5 | 0.0 | 6.5 | 9.8 | 12.8 | 7.5 | 9.8 | 70.8 | 6 |

[Note: Color of box is column-wise. Red box means the lowest score, Green indicates the highest score for the parameter while yellow in-between.]

| Person/Organization | Rashtriya Sewa Bharati , New Delhi |
|---|--|
| Company's contribution in combating Covid-19 (Facts & Figures) | 54,04,916 Migrants benefitted 44,86,558 Food Packets/meals have been distributed 44,86,558 Ration Kits have been distributed 1,45,159 Safety kits given 2,296 Relief centres constructed Helped people across 25 states and 8 UT's |
| Efforts done for Migrants | Masks were distributed to migrants moving to their destinations. Also distributed Gamcha as few migrants were not feeling comfortable in wearing Masks Total 1,91,661 temporary stay homes were arranged, so that migrants could stay for some rest during their journey Distributed more than 50,000 shoes and slippers to migrants Sewa Bharati run schools, offices and bhawans were provided for accommodation for necessary requirements Bus services were also provided with the help of administration for the safe journey of migrants Kadha distribution – Kadha was also provided to the migrants Sanitizer distribution was also arranged by Sewa Bharati to all needy persons for their safety Carried awareness programs on COVID-19 like social distancing, hand washing etc. Provided medicines to migrants Sewa Bharati also arranged skill training programme for migrants who were unskilled and jobless Rehabilitated migrant workers |



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NGO'S WITH US

1. Ekam Foundation
2. United Way
3. Manava Seva Samithi
4. Ashtalakshmi Devalayam
5. Power Grid Corporation
6. Purushotham Royal (Kamalesh ji)
7. Marble Market (Ashish ji)
8. Akshya Pathra
9. Maneesha Gardens
10. Maheshwari International
11. Abhaya Foundation
12. Telangana Ekal Abhiyan (Vinod Agrawal)
13. Manikyeshwari Swamaj (Balaram Bhaiya)
14. Ashwini Charitable Trust
15. Ayyappa Seva Samithi, Kamareddy
16. U See
17. Yagna Foundation
18. Janahita Seva trust
19. Doctors for Seva
20. Jiv Daya Foundation

We Bow Down To Their Services...

- | | | |
|-------------------------|-----------------------|---------------------------------|
| Dr Rajesh Garge | Dr Veda Prakash Gowda | Dr Azhar Irfan |
| Dr Ramsingh | Dr Abhilash Takoor | Dr Hemanth |
| Dr Suneela | Dr Rajagopal | Dr Priya |
| Dr Sreebushan Raju | Dr Raghuveera | Dr G Mallaiah |
| Dr KD Modi | Dr Dhanvanthari | Dr Ramu |
| Dr Surender | Dr Saibaba Goud | Dr Ch Ramakrishna |
| Dr Akshay | Dr Kamakshi | Dr Nirmala |
| Dr Akanksh | Dr Mahajan | Dr Madhavi |
| Dr Madhusudan | Dr GS Raju | Dr Geeta Voolapalli |
| Dr Kiran | Dr Koppula Rajasekhar | Dr Prudhvi |
| Dr Nagireddy | Dr Karunakar Reddy | Dr Rajendra |
| Dr Sailaja | Dr Padmaja Verapaneni | Dr Sanjeev Rao |
| Dr Rohit | Dr Ambaprasad | Dr Siddappa Gowrav |
| Dr Srinivas | Dr Anusha | Dr Naresh Akula |
| Dr Sampath | Dr J Bhaskar Rao | Dr Manjusha Anumolu |
| Dr Hasanathi Thumurothu | Dr Aravind | Lt.Col Dr Macheria Bikashapathy |
| Dr Anuradha Pilli | Dr Aswin | Dr Sridhar |
| Dr Harischandra Reddy | Dr M Shabari | Dr Susumitha |
| Dr Shrawan Mithai | Dr Dinesh | Dr Praful Kumar |
| Dr Sri Lakshmi Pingali | Dr Das | Dr Sandhya |
| Dr Gulab Rani | Dr Shailender | Dr Gandham Sneha |
| Dr Maruti Sharmaa | Dr Santhosh Kumar | Dr Achala |
| Dr Sandhya Madhusudhan | Dr M Rajendar Reddy | Dr Anand(UK) |
| Dr Raghavender Rao | Dr Balram | Dr Shayam |
| Dr Nagmohan | Dr Madap Karuna | Dr Galla Satyanarayana |
| Dr Jayesh Kakar | Dr M Srikanth | |
| Dr Praveen Chintapanti | Dr J Vijayanand | |



Thanks a lot...

Sri Durga Reddy - President,
Seva Bharathi Telangana



Seva Bharathi has been in the forefront whenever nature created epidemics. When COVID-19 pandemic unleashed there was panic in the society distancing the human relations, it is the Seva Bharathi, that pioneered in providing food and arranging transport facilities to the migrant labour, supplying Ayurvedic medicines, homeopathy medicines to improve immunity and daily necessities. Apart from that free medicines distributed by Organising into teams and tele consultations with a team of dedicated doctors who provided medical advice.

Like this many Seva Bharathi volunteers rendered services sacrificing their health. During the recent heavy floods in Hyderabad Telangana, our Seva Bharathi is rendering all necessary help and guidance to the victims. Seva Bharathi conveys sincere and wholehearted thanks to all the doctors, nurses, volunteers, municipal staff, Police personnel, donors and sponsors for their unstinted support in this period of crisis. We thank the Telangana Psychiatric Association for extending their support in addressing emotional health issues of the patients. We thank RTC staff for providing their support to courier Covid-19 kits to 55 remote centers across Telangana on a daily basis. We specially thank ESIC Medical College staff and ESIC Medical College Dean Dr Srinivas for providing support in every possible way.

We also thank all others who extended their help to carry out Seva Bharathi activities during the pandemic.